

**ABSTRACT OF THE DISCLOSURE**

A swing includes a seat unit having a seat frame disposed between two armrest frames, and a backrest frame pivoted to a rear end of the seat frame and to one of the armrest frames. A sliding member is fixed to the seat frame, and is slidably mounted on a guiding rail that is secured to said one of the armrest frames. A spring-biased latch is mounted on the sliding member, and engages releasably a selected one of retaining grooves formed in the guiding rail to prevent sliding movement of the sliding member and the seat frame relative to the guiding rail.